



250 M
10 PISTAS



9000 M
3 VOLTAS



1900 M
1 VOLTA

Triatlo Super Sprint de Cantanhede 2026

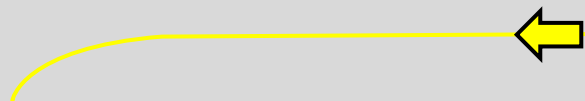
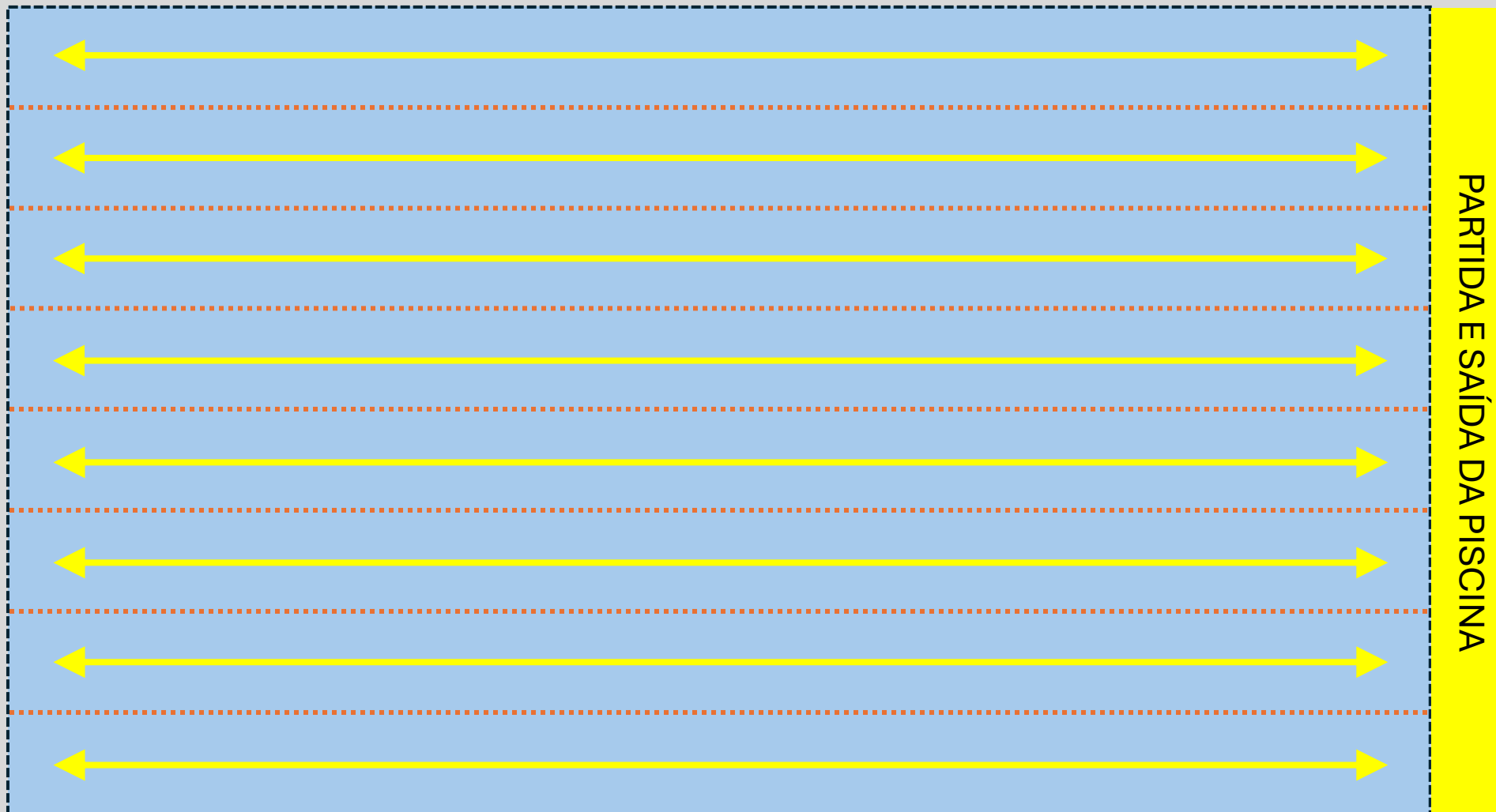
9 de maio de 2026

PERCURSOS
PROVAS DE TRIATLO INDIVIDUAL E POR ESTAFETAS





250 M
10 PISTAS

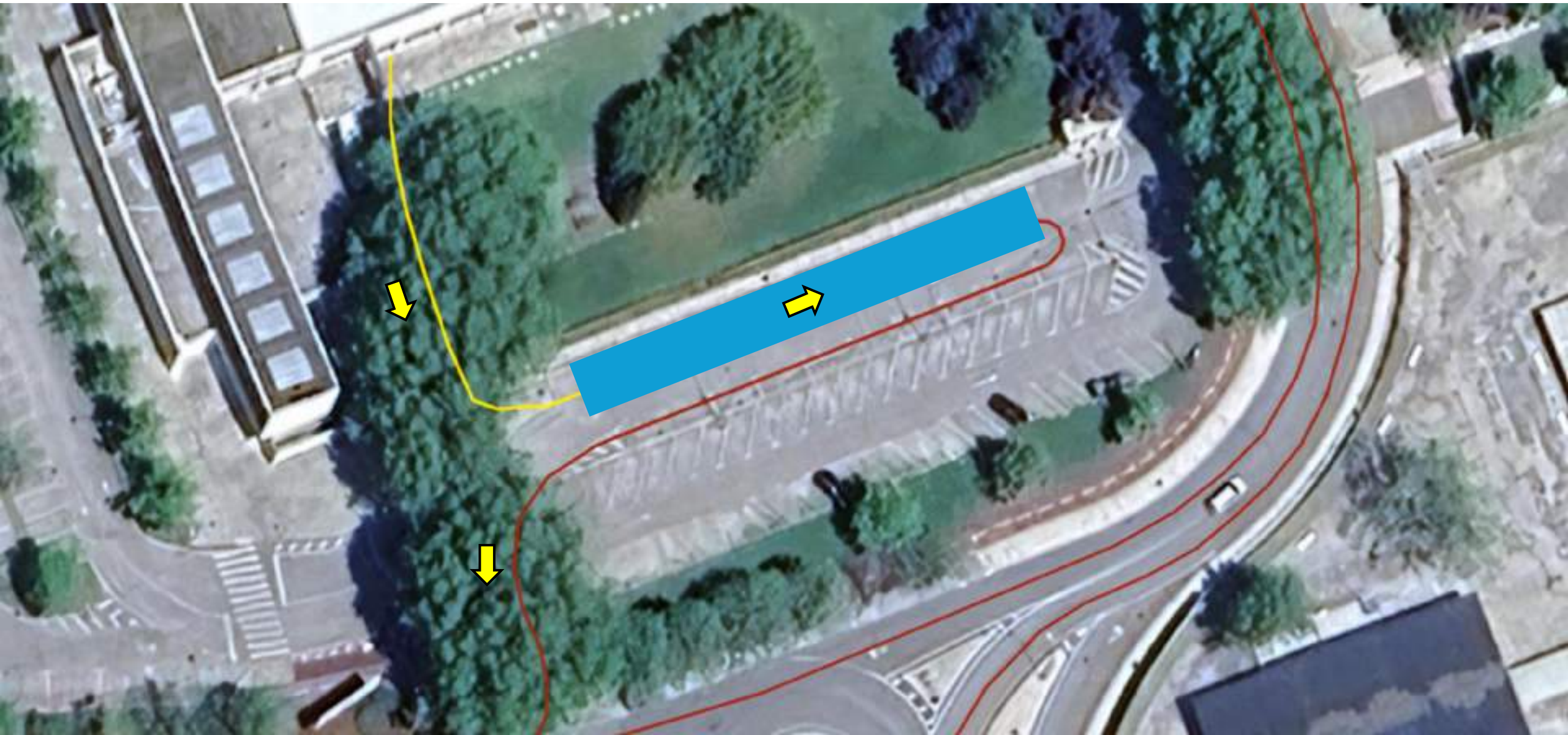




250 M
10 PISTAS



8000 M
3 VOLTAS





8000 M
3 VOLTAS



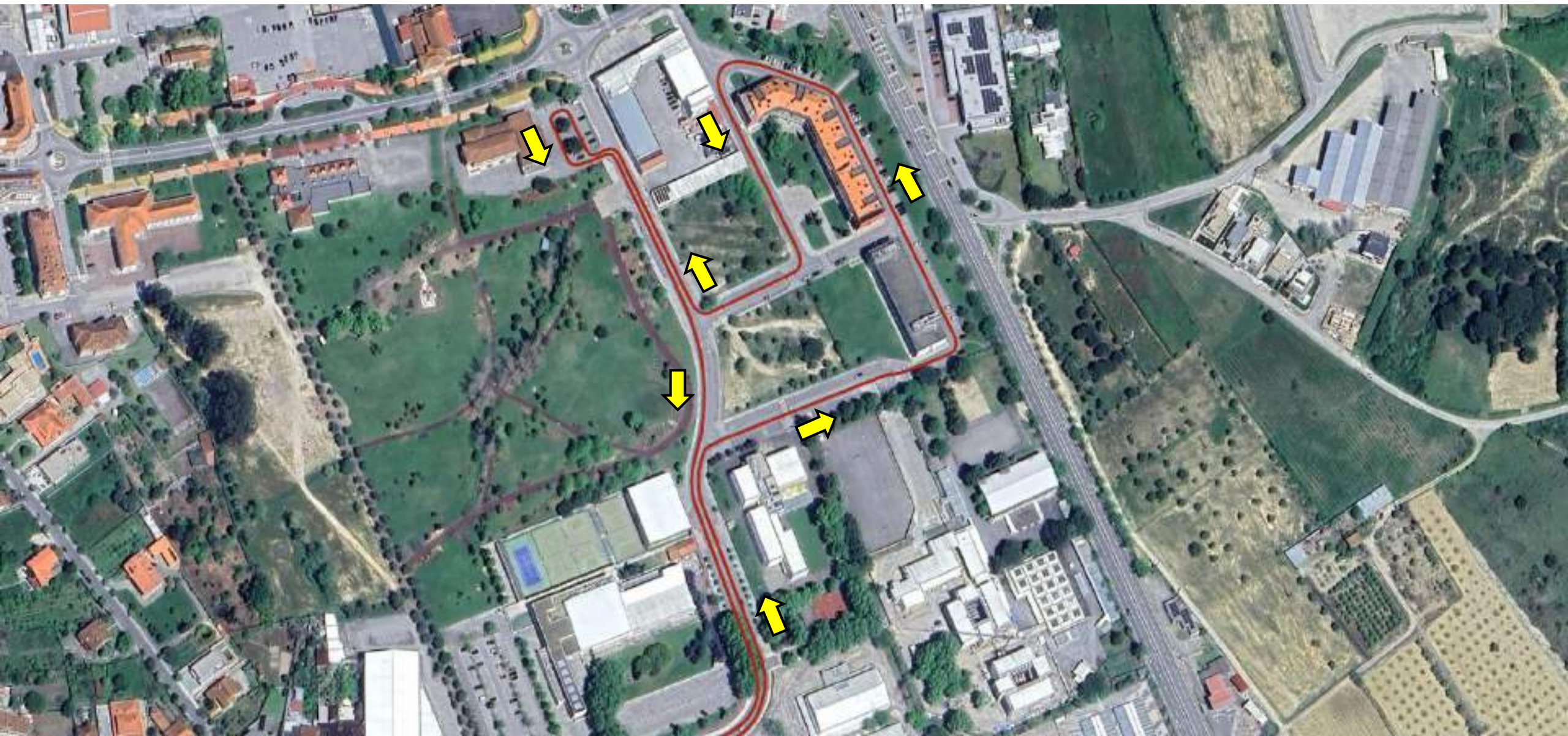


**8000 M
3 VOLTAS**



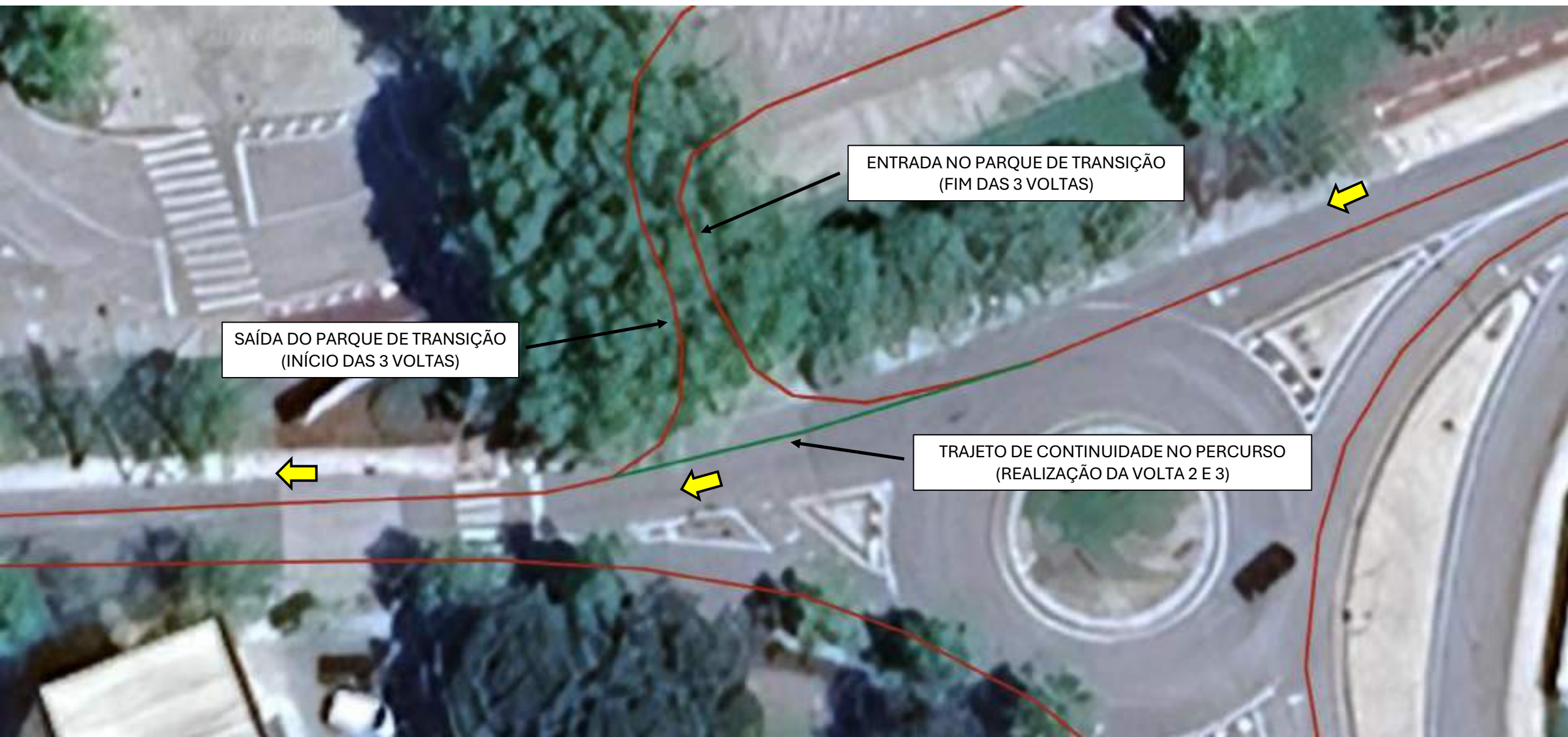


**8000 M
3 VOLTAS**





VOLTAS



ENTRADA NO PARQUE DE TRANSIÇÃO
(FIM DAS 3 VOLTAS)

SAÍDA DO PARQUE DE TRANSIÇÃO
(INÍCIO DAS 3 VOLTAS)

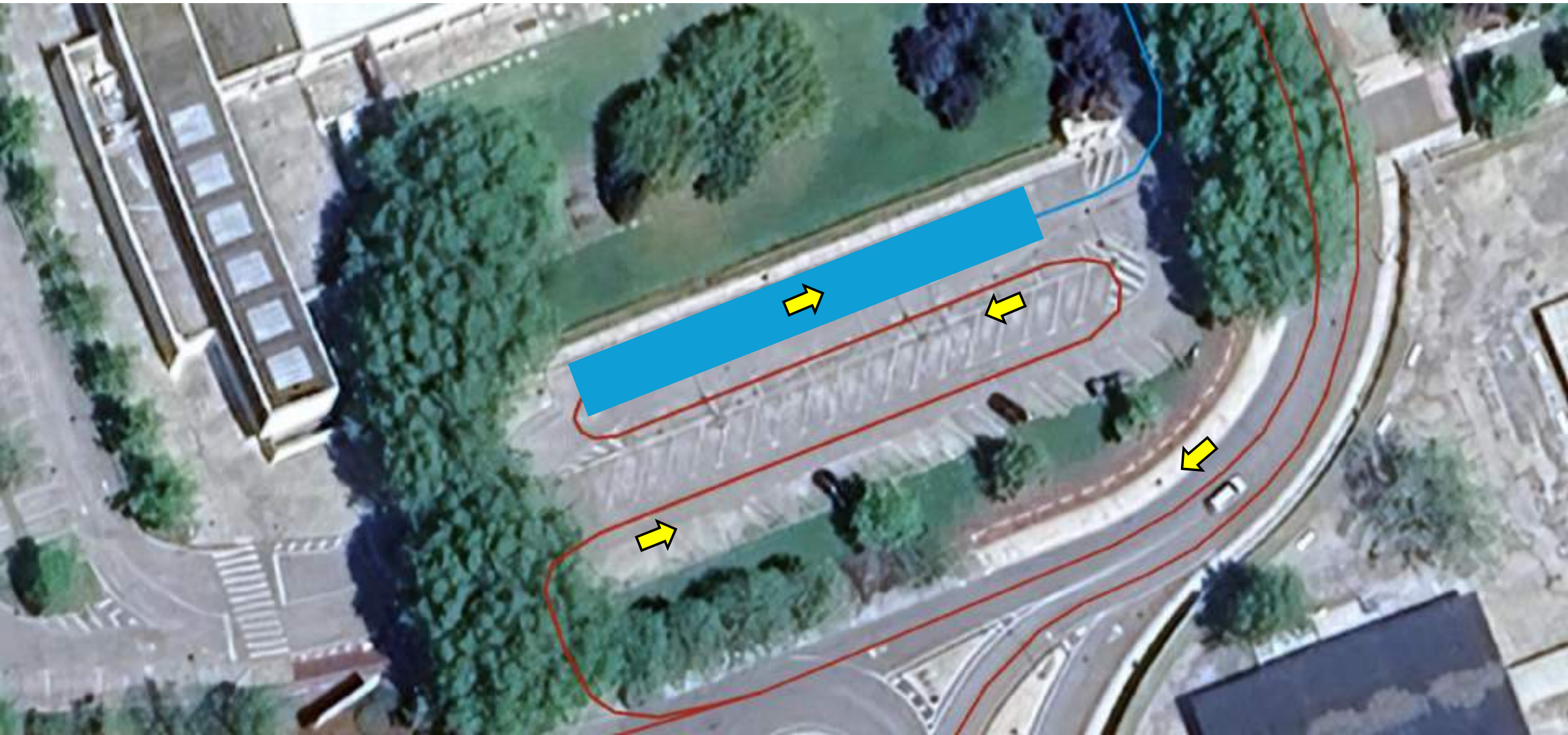
TRAJETO DE CONTINUIDADE NO PERCURSO
(REALIZAÇÃO DA VOLTA 2 E 3)



**8000 M
3 VOLTAS**



**1900 M
1 VOLTA**





**1900 M
1 VOLTA**





1900 M
1 VOLTA





1900 M
1 VOLTA



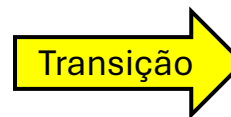


1900 M
1 VOLTA





1900 M
1 VOLTA



META

